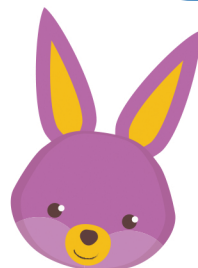


ACTIVITY: SENSORY BOTTLES (4 GREAT IDEAS)



Let's Make Discovery Bottles

Create some fun, engaging discovery bottle toys for babies, toddlers and young children by using recycled and everyday materials from around the house! These are cheap to make, long lasting and can easily be adapted to create exciting and intriguing sensory play experiences for little ones. Use any type of plastic bottle you can find!

What to include in a discovery bottle:

- :: beads & shells
- :: dried pasta shapes
- :: glitter & sequins
- :: buttons & pompoms
- :: baking sprinkles
- :: rice (you can colour your rice as well)
- :: natural materials
- :: number and alphabet shapes
- :: small toys, such as animals and cars
- :: dominoes & dice
- :: raid your craft shelf and see what you can find!

Just be sure to fasten on the lid of your bottle absolutely securely, and supervise your child all the time they are playing with their bottles. You might like to place a layer of super glue inside the bottle top, so that when it is screwed on tight it is very securely held shut.

Glitter Bottle

½ cup of glitter glue, 300ml warm water & extra glitter/sparkles

The more glitter glue added the slower the glitter will move to the bottom of the bottle. Whisk the water and glitter glue in a jug and then add extra glitter/sparkles. Add mixture to the bottle and super glue on the lid.



Lava Bottle

One of my new favourites is an oil and water lava lamp bottle. We use 50% baby oil, 50% water with a few drop of food colouring. (other types of cooking oil also work well)



Rainstick Sensory Bottle

Use small sticks that have been collected on your walks outside and arrange them in a bottle with rice. They make a wonderful sound.

I Spy Bottle (Engaging & Searching)

Rainbow Rice (or just regular rice)
Small animals/cars/toys/letters
Arrange the animals on a piece of paper and take a photo to make the "I spy" card.



This activity supports:
Arts & Science
Sensory